



# Signals

## from Sailability Manly

January 2021

Edition 178 Edited by Heather Mackay [www.manlysailability.com.au](http://www.manlysailability.com.au)

Please send articles to:  
Signals  
[@manlysailability.com.au](mailto:manlysailability.com.au)

Please send Web content  
to Alan Bimson:  
Webmaster  
[@manlysailability.com.au](mailto:manlysailability.com.au)

### In This Issue

- 2021 New Year Welcome
- Dates for Your Diary
- Upcoming Sailability Dates
- Thank You to our Sponsors
- The Committee of Sailability Manly 20/21

### Sailing Reports

- 06 Jan – First Sail of the New Year pg 4
- 16 Jan – A Blustery Saturday Sail pg 5
- 20 Jan – A Calming Wednesday Sail pg 6
- 26 Jan – Australia Day Regatta pg 7
- 30 Jan – A Very Special Saturday pg 10

### 2021 New Year Welcome by Heather Mackay

We hope everyone had a relaxing holiday season and an enjoyable New Year and Australia Day. Our 2021 Sailability season kicked off with a brisk morning in Manly Cove on 6 January, and the rest of the month was packed with many more lovely summer sailing days, including the exciting 185<sup>th</sup> Australia Day Regatta. We are happy to welcome back familiar faces from some of our schools and look forward to new groups joining us for upcoming sailing dates. These groups include Flexible Respite from Brookvale, Sargood on Collaroy, Wanderers from Northern Suburbs, Sarah from Hornsby and several new members of the community. We are still awaiting groups like Unisson and Sunnyfields to rejoin us, as our lives and activities post-pandemic slowly return to normal.

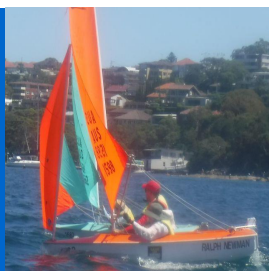


Covid restrictions continue to ease, and we are now able to resume the ritual of a regular "sausage sizzle sesh" with our handy BBQ grill after Saturday sailings. Here's calling out to all volunteers for **Expressions of Interest** in serving as the Sailability Manly Saturday BBQ Chef.

Our kind, hardworking Membership Coordinator, Helen Hendry will provide all of the ingredients; we are just in need of a competent Chef to toss it all on the Barbie! For this job, you will be required to arrive at the Manly Yacht Club by 11:00 a.m. on Saturday sailing days (see calendar), start up the BBQ and cook the snags. After everyone has finished feasting, you will need to give the BBQ a quick cleaning and your job will be finished by 12:30 p.m. This volunteer role requires much less time than other roles, but it is a very useful and valued role indeed! Please message **Eli@manlysailability.com.au** with questions / EOI's.



**Parking Reminder:** Please note our current permits only allow for parking in the Little Manly Area. This area includes: the section of road between Harbour end of Addison Rd to the shops on Darley Rd, up Wood and Stuart Streets, Cove Ave, Oyama St and a few other little streets. Stuart St also has 7-hour parking in some areas where a special permit is not required, but these spots are in high demand. Parking is not included at the bottom section of East Esplanade or Osbourne Rd. An unfortunate visitor has been booked for parking in this area.



## Contact Us

### PRESIDENT:

Warwick McKenzie  
 president@  
 manlysailability.com.au

### SECRETARY:

Eli Demeny  
 eli@  
 manlysailability.com.au

### MINUTES

#### SECRETARY:

Jennie Fogarty  
 minutes@  
 manlysailability.com.au

### TREASURER:

Sue Marshall  
 treasurer@  
 manlysailability.com.au

### MEMBERSHIP:

Helen Hendry  
 membership@  
 manlysailability.com.au

### PUBLICITY TEAM

#### Webmaster:

Alan Bimson

#### Web Reports:

Scott Forbes  
 webmaster@  
 manlysailability.com.au

### NEWSLETTERS/

#### SIGNALS:

Eli Demeny and  
 Heather Mackay  
 signals@  
 manlysailability.com.au

### FACEBOOK:

facebook@  
 manlysailability.com.au

## Dates for Your Diary - through May 2021

### **Women's Challenge Regatta, Saturday, 27 March 2021:**

Our next Regatta is the Women's Challenge on 27 March. Now calling all female sailors! Please email Ken Boyes (kboyes@optusnet.com.au) to book in and specify your desired position as Crew or Skipper. We will endeavour to include all Women members in this exhilarating and competitive Regatta.

### **Easter Long Weekend, Friday to Monday, 2-5 April 2021:**

This year, the Easter long weekend holiday begins with Good Friday on 2 April and ends the following Monday, 5 April. Please note Sailability will not be sailing on any of these dates.

### **Volunteer Recognition Evening, 5 May 2021:**

The Hall is booked for our 25<sup>th</sup> Anniversary Celebration! As we draw closer to the date of our Annual Volunteer Recognition Evening, we will provide an update on the number of people we will be able to accommodate in the Hall for this occasion. Please save the date in your diary, as we are receiving new announcements everyday regarding group gatherings and special rules for Covid Safety. Booking information for this special event will be provided soon.

### **May Regatta, Saturday, 22 May 2021:**

Please keep this date free for our exciting May Regatta. Watch for an update in next month's edition of **Signals**.

## Sailing Dates - February through May 2021

|           |             |                                |
|-----------|-------------|--------------------------------|
| Wednesday | 3 February  | Booked Groups, General Sailing |
| Saturday  | 13 February | Booked Groups, General Sailing |
| Wednesday | 17 February | Booked Groups, General Sailing |
| Monday    | 22 February | Booked Groups, General Sailing |
| Saturday  | 27 February | Booked Groups, General Sailing |
| Wednesday | 3 March     | Booked Groups, General Sailing |
| Saturday  | 13 March    | Booked Groups, General Sailing |
| Wednesday | 17 March    | Booked Groups, General Sailing |
| Saturday  | 27 March    | Women's Challenge Regatta      |
| Monday    | 29 March    | Booked Groups, General Sailing |
| Wednesday | 31 March    | Booked Groups, General Sailing |
| Saturday  | 10 April    | Booked Groups, General Sailing |
| Wednesday | 14 April    | Booked Groups, General Sailing |
| Saturday  | 24 April    | Booked Groups, General Sailing |
| Monday    | 26 April    | Booked Groups, General Sailing |
| Wednesday | 28 April    | Booked Groups, General Sailing |
| Saturday  | 8 May       | Booked Groups, General Sailing |
| Wednesday | 12 May      | Booked Groups, General Sailing |
| Saturday  | 22 May      | May Regatta                    |
| Wednesday | 26 May      | Booked Groups, General Sailing |
| Monday    | 31 May      | Booked Groups, General Sailing |

**Reminder:** Group Leaders, please contact Jennie Fogarty at **bookings@manlysailability.com.au** for a group booking.

## Contact Us

### **VOLUNTEER COORDINATOR:**

Eli Demeny  
eli@  
manlysailability.com  
Tel: (02) 9976 2747

### **SYSTEMS COORDINATOR:** Ken Boyes

**SAFETY AND MAINTENANCE:**  
David Webb, David Goldner and Denis Linney

**RACE ORGANISERS:**  
Denis Linney and Ken Boyes

**MYC REPRESENTATIVE:**  
David Webb  
Tel: 0419 555 444

Sailability Trivia  
Question of the Month  
Test your Knowledge!

Page 10

## Thank You to Our Generous Sponsors!

|   |
|---|
| David Webb: \$1000 for radio and extra bits and pieces  |
| Betty and Peter Baines: \$500 for membership subsidies and Volunteer Recognition Evening                        |
| Patron: Michael Regan, Mayor of Northern Beaches Council  |
| Hansa Sailing Systems: \$5000 for seven new sail suits for Invictus Games and then donated to Manly Sailability |
| Premier Automotive, Jeff Smit: Boat trailer inspection for registration   |
| Manly Yacht Club  |
| Lion's Club of Manly: \$2,000 towards maintenance of Charlie's Chariot  |
| Warringah Mall Community Club: \$500  |
| Balgowlah Masonic Lodge: Donation \$3,000   |
| Bendigo Bank: New Marquee \$1533.40   |
| Cromer Golf Club: Hansa 303 Black Swan  |
| Cerno Insurance: Hansa 303 Vin  |
| Alice Cleary's Running Team, Membership for BIRDS and Royal Far West  |
| Lynette Gould Ruffled Painting bought Stabilo Equipment   |
| Federal Government Grant paid for First Aid Courses   |
| Northern Beaches Council supplied Parking Permits for our volunteers  |
| Northern Beaches Council Grant for radios and radio training, \$1650.00   |
| David Goldner and David Webb: improvements to storage, trolleys, cupboards                                      |

## The Committee of Sailability Manly 2020 / 2021

|   |  |
|---|--|
| President: Warwick Mackenzie  | Secretary, Volunteer Coordinator and NSW Rep: Eli Demeny       |
| Treasurer: Sue Marshall   | MYC Rep: Peter Ward  |
| Membership: Helen Hendry  | Webmaster: Alan Bimson   |
| Race Organisers: Denis Linney and Ken Boyes   | Social Committee: Jackie Morgan and Ragnild Purcell            |
| Systems Coordinator (including Covid-19 Officer): Ken Boyes   | Safety/Maintenance: David Webb, David Goldner and Denis Linney |
| Sailing Groups Coordinator: Jennie Fogarty  | Signals Editor: Heather Mackay                                 |
| Committee Members: Warwick Mackenzie, Jackie Morgan, David Webb, Ragnild Purcell, Denis Linney, Eli Demeny, Sue Marshall, Ken Boyes, Peter Ward, Alan Bimson, Jennie Fogarty, Heather Mackay and Caroline Holdstock |  |

# Sailing Reports

## Wednesday, 6 January 2020 - First Sail of the New Year

An excited group of volunteers arrived at Manly Yacht Club (MYC) this morning, ready to get the boats out to give our first sail of the year every effort. One by one, everyone signed the member's list, had their temperature taken and used their mobile phone Covid Safe App to check-in. Once this process was complete, the day's required number of sailboats were taken from the Boat Room for rigging. Rob, Wilma, Helen, Ragnhild and Warwick kept busy with boat set up, while the rest of our sailors arrived for check-in. Denis was not feeling well, so each boat was checked for safety and correct rigging by Malcolm. Warwick collected Charlie's Chariot keys and off he went to pick her up at the mooring. Eli gave a quick briefing to the group



**Ragnhild and Nola  
in Vin**

about taking special care when sailing across the Manly Ferry lanes, the importance of staying in our designated sailing area, asked for



**Rob and Ben  
in Ralph Newman**

expressions of interest in the Australia Day Regatta and then we were ready to go. The boats were launched one after the other, while Helen and Wilma were left on deck with the important volunteer positions of registering, temperature taking and Life-Jacket distribution. Corey took to his chief role in charge of the radio.

Ivan hopped into Eli D for a solo sail, while Rob sailed off with Ben, John with Kieran, Malcolm with Peter, Ragnhild with Nola and Michael paired up with Eileen. Warwick went in Charlie's Chariot, accompanied by Eli taking photos on this dull, breezy day. The first sailing group enjoyed an extended sail, as we waited for the Hornsby group. Sahara arrived with five helpers and managed to score a beautiful parking spot close enough

to walk down to our MYC meeting area.

We have not hosted the Sahara group before, and they reported to have thoroughly enjoyed their first sailing in the brisk mid-morning breeze. However, they got caught in a quick shower before returning to the pontoon thoroughly wet. The whole group expressed that they really loved their sailing experience, which unfortunately had to be cut short because of the rain. The new trolleys enabled items to be put away by our team efficiently, so we all made quick work packing up for the day.



**Kieran and John  
in Dolly Wallis**



# Sailing Reports

## Saturday, 16 January 2021 - A Blustery Saturday Sail

A great team of volunteers responded to the call for Sailability on this sunny morning. Jim was in charge of the day and a wonderful Sailing Coordinator he turned out to be! He devised a plan, ordering the rigging of only four boats for sailing in the very blustery Westerly winds, apparent to all early this morning. He also made an efficient plan for change-overs, rotating among the volunteers to release sailors, Support Boat Drivers and Pontoon Managers. This proved to be an excellent plan for the day's sail, given the gusty conditions. After a quick briefing by Eli, everyone took to their assignments. Ken started the morning on radio duty and later went for a quick sail with Heather. Heather started out on Charlie's Chariot, taking some excellent photos with John as Driver. Ragnhild and Nola started off assisting sailors on the pontoon and were later relieved by Ros and Eli. Wilma and



**A busy morning on the Pontoon**

Helen took their posts helping with registration, temperature taking and Life-Jacket distribution. They also assisted a few of our visitors with Wheelchair Harnesses.

Sailors Vince, Jim, Denis and Michael managed the first half of the morning, with Helene arriving in time to take Sabine for a sail while Vince took up duties on the pontoon. It was an excellent design for a sailing day.

In the meantime, our participants came and went as the day unfolded. James, Kieran, Jim and Alyse from Flexible Respite loved their sailing

experience, and Fiona was thrilled to share a sail with Michael. Later in the morning, Alex and Sean arrived from Sargood after having completed another enforced lock-down for a few days. Later, Gabriella arrived with her Mum and Dad and enjoyed her sail out on the rapidly calming waters. Unfortunately, a few people who had booked for sailing today did not turn up, perhaps anxious about the strong winds in their home suburbs.



**Jim and Sean in Vin**



**Michael and Fiona in Dolly Wallis**



**Alex and Vince in Alex**

# Sailing Reports

## Wednesday, 20 January 2021 - A Calming Wednesday Sail

This morning we had a beautiful interlude of calm and temperate weather for our Sailing Day. The breeze was just right for our little boats, around 6 to 8 knots. Reliably, a South Easter, made sailing easy for our volunteers and participants. A heavy cloud cover stuck around for most of the day, keeping everything nice and cool.

Jennie, our Sailing Coordinator, did a great job organising the Sailors and Riggers. Ragnhild, Denis, Michael, Jim, John, Ivan, John P and Steve took to the Cove in six boats out on the water. Brian was our Support Boat Driver and Nola served as his off-sider and photographer. Helen and Wilma worked as Registrar and Life-Jacket Managers, Corey was on the radio and Ken, Eileen and John W., were busy keeping things moving on the deck and pontoon while our participant sailors were taking turns having a sail.

Denis arrived early to fix the steering line on Black Swan, which turned out to be a lucky practice because later in the morning, the steering line on Dolly Wallis also decided to come apart and needed an urgent fix. This re-occurring incident signaled to us that all lines on the boats need to be checked for wear and tear before heading out on the water.

Sailors Ben, Jack, Declan, Piper, Jasmine, Sarah, Elina, Jay, William, Lachlan and Bennie arrived with their helpers and were taken for an extended sail, as we had plenty of boats out. Ken, Keira and Eileen went out for training sails, in the aim of grooming a future group of competent volunteer sailors who will be able to take our visitors out sailing. The helpers today were outstanding in their care of the participants, with Peter and Betty taking a ride on Charlie's Chariot to check on Ben. Keira went off for a sail while Jack was out, and Santosh, Mama, Michael and others were supervising their charges on the Pontoon and on Charlie's Chariot while the sailing session continued. After a very relaxing morning sail, all of the boats were brought back, washed and put away by our keen helper team.



**Jack and Michael in Black Swan**



**John P and Ben  
in Ralph Newman**



**Denis and Kiera in Dolly Wallis**



# Sailing Reports

Tuesday, 26 January 2021 - 185<sup>th</sup> Australia Day Regatta 2021

Today's weather for our Australia Day Regatta was hot and steamy, with a light Nor-Easterly blowing across Manly Cove. Our sailing crews expertly rigged their own boats for racing, then sat and waited for the Race Officer Team to arrive. In the meantime, Helen and Wilma were busy registering the crews, temperature taking and helping with life-jacket distribution, generally keeping everything moving.

Warwick took a kayak to retrieve Charlie's Chariot from the mooring. When back at the Pontoon, he boarded Ken, Marg (the photographer) and the Race Crew armed with three buoys, and they took off across the bay to lay out the course which was around 30 minutes in duration.

Denis and Ivan helped with the rigging of Woody, Eileen and Michael rigged Alex, Rob and Kieran constructed Black Swan into the perfect racing craft, Ragnhild and Janette worked on Vin, and Ralph Newman was rigged by a number of people while we waited for Helene and Heather to arrive. Heather unfortunately was not able to make it, so Kristoff, who had turned up out of the blue accompanied Helene instead. David rigged up Dolly Wallis, while we waited for Fiona and supporters. The rest of the team rigged Eli D while we waited for her crew to arrive, however, they did not turn up, so Eli D was left on the deck to wait.



**Boats set up on the Pontoon  
(Crosbie Lorimer photo)**

Our Race Officer Crew, Bruce and Pam, arrived and delivered a race briefing to the assembled crews and then embarked on Charlie's Chariot to pick up the Race Boat, Carlisle. The crew of Carlisle swapped boats, found the perfect spot for a Race-Start and started the instructions for a course laying. In the meantime, the boats were taken to the pontoon and launched, so that the crews could safely make their way across the bay to the official Race Start. What a fantastic team effort.

At just a few minutes past 10:00 a.m., all crews were poised for the start and jockeyed for position, and then the first race commenced! Woody was the clear leader and over the line before the others in this race and then the second race commenced. Dolly Wallis was the winner this time, and a photo finish caught the next two, with Alex just pipping Ralph Newman over the line for 2<sup>nd</sup> and 3<sup>rd</sup> place, respectively. The third race was full of excitement also, with Dolly Wallis again the winner, Alex coming in 2<sup>nd</sup> and Woody in 3<sup>rd</sup> place.

Now it was time for a race back to home base, where a wonderful lunch was awaiting (courtesy of Dallas and Joe) and the team of washers and de-riggers were poised to get the boats stacked away, ready for the next sailing day. Thank you so much to Pam and Bruce for laying a perfect course which took the exact amount of time allocated. The crew of Charlie's Chariot also did a wonderful job keeping everyone safe and capturing some



incredible photos. And as always, a huge Thank You to the crew back at the Pontoon working the radio, providing lunch, (having a few swims to keep cool) and warmly welcoming all of our visitors.



**Pam setting the Race Clock**



**Race 1 Winners - Denis and Ivan**



**Jockeying for position in Race 1**



**Series Winners:  
David and Fiona**



**Support Boat Crew on Charlie's Chariot**







**Second Race – Photo Finish!**

**Second Race –  
2<sup>nd</sup> Place Finishers**



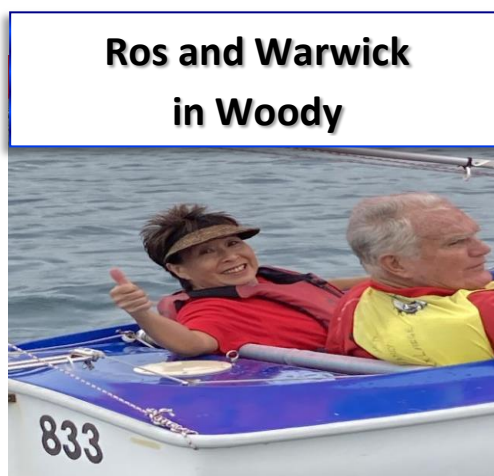
| <b>26 January 2021 - Australia Day Regatta Race Results – Sailability Manly</b> |              |                              |              |               |              |
|---|--------------|------------------------------|--------------|---------------|--------------|
| <u>Race 1</u>   |              | <u>Race 2</u>                |              | <u>Race 3</u> |              |
| Place   | Boat Name    | Place                        | Boat Name    | Place         | Boat Name    |
| 6   | Vin          | 6                            | Vin          | 6             | Vin          |
| 5   | Alex         | 5                            | Black Swan   | 5             | Ralph Newman |
| 4   | Black Swan   | 4                            | Woody        | 4             | Black Swan   |
| 3   | Ralph Newman | 3                            | Ralph Newman | 3             | Woody        |
| 2   | Dolly Wallis | 2                            | Alex         | 2             | Alex         |
| 1   | Woody        | 1                            | Dolly Wallis | 1             | Dolly Wallis |
| <b>Official Overall Results</b>   |              |                              |              |               |              |
|   |              | 6 <sup>th</sup> Vin          |              |               |              |
|   |              | 5 <sup>th</sup> Black Swan   |              |               |              |
|   |              | 4 <sup>th</sup> Ralph Newman |              |               |              |
|   |              | 3 <sup>rd</sup> Alex         |              |               |              |
|   |              | 2 <sup>nd</sup> Woody        |              |               |              |
|   |              | 1 <sup>st</sup> Dolly Wallis |              |               |              |

# Sailing Reports

## Saturday, 30 January 2021 - A Very Special Saturday by Warwick McKenzie

The Sailability volunteer group arrived at MYC this morning to an overcast sky, but decided to proceed with our scheduled sailing. After retrieving Charlie's Chariot from the mooring, Warwick and Ken worked diligently on the Chariot and ensured the cabin is now secured and safe. Other attending volunteers were Helen, Nola, Nikki, Jim, Jennie, Denis, Vince, Ros, Elleen and Michael, who all signed in with their temperatures taken per protocol. The tables, life jackets and gear were set up, and four boats were rigged and placed in the water from the Pontoon. Denis checked the boats for safe rigging and gave his tick of approval after correcting a few minor problems, then kept Helen company while she looked after the administration, tea / coffee and radio. Nikki did a great job on the pontoon, along with Ros & Nola.

Kieran arrived eagerly anticipating a sail, so Vince took him out into Manly Cove in the rain and light wind. He loved every minute of this wet adventure! Jim and Jennie were on Charlie's Chariot keeping a close eye on Vince and Kieran. Rain continued just as our new group, the Weekend Wanderers (9 participants including 3 carers) arrived. They decided not to sail due to weather conditions and left. However, half an hour later the rain cleared and the Weekend Wanderers returned for a sail so another boat was rigged and put in the water. Sailors Warwick, Jennie, Jim, Michael and Vince took the Weekend Wanderers and their carers for a lovely sail, with Ken & Elleen (as photographer) in Charlie's Chariot. A few of the Weekend Wanders also had a fun spin around Manly Cove in Charlie's Chariot with Warwick and crew.



Congratulations to the Weekend Wanderers and their carers; they are such a GREAT group! They advised us that they really enjoyed their time with Manly Sailability and will happily return again. Also a big thanks to the volunteers of the day; everything was set up well and all items were sanitised and packed away at the conclusion of our sailing.

\*As we go to print, permission has not been granted to publish photos of the Weekend Wanderers participants on this occasion.



**Sailability Manly Trivia:** The answer to last month's December Sailability Trivia question, "*In what year did Sailability Manly start up?*" is **August 1995**. Initial meetings of people interested to get Sailability on the move in this unique sailing area were originally named Sailability North Sydney, which ran from Kirribilli Yacht Club, and they later moved to Manly to improve accessibility. Later the name was changed to Sailability North Sydney/ Manly. The new home became Manly Yacht Club from January 1996. The name was changed again to Sailability Manly, but not until 1998.

**January Sailability Trivia Question:** *Where was Sailability Manly's original sailing area located?*