



Signals *from*

Sailability Manly

May 2018 Edition 150

www.manlysailability.com.au

Edited by Jennie Fogarty. Please send articles to eli@manlysailability.com.au

Web content to Alan Bimson: webmaster@manlysailability.com.au

Dates for your diary

Sunday, 3rd June, 2018: Manly Rotary Scenic Fun Run and Walk

You can walk or push a wheelchair 2 kms or 5 kms, or run 10 kms. Details of the walk and the routes are available from www.manlyfunrun.org

Entering the Manly Fun Run raises money for the many causes of Manly Rotary. Details of the entry fee are published on the above web-site. Pay the Run/Walk fee, but do not donate here.

Each year, Sailability Manly raises money to pay the membership fees of our more needy groups. If you would like to enter the Manly Rotary Fun Run please enter the race. Some people who enter the Fun Run also decide that they would like to raise money for a worthy cause. If you are one of these people, please let your friends and relations know that you are going to run, walk, or push a wheelchair for the Cause of Memberships for Sailability. Go into the My Cause web-site www.mycause.com.au, click on Donate to Charity, scroll to the bottom of the page, For You section. Click on Find a Charity, then Donate to Charity. Put the name Sailability NSW Inc, then Learn More, then Donate Now. It's easier than it looks.

Tumbalong Light Show at Darling Harbour

For families with a child with a disability, and for Group Homes etc, Cushman and Wakefield have a light show at Tumbalong Park from 25th May to 16th June. You can book parking, and experience this light show, which will run for 3 sessions at night during the Vivid Festival.

Please go to www.cwtumbalonglights.com or email vividsydney2018@cushwake.com for more information.

Families with children that have a disability or special access requirements can pre-register for free family zone tickets which will be run across three session times each night, ensuring a seamless and enjoyable experience.

One pre booked low sensory session will be available each night, this will allow people with autism or sensory sensitivities to experience Tumbalong Lights with lowered light and sound and reduced crowds.

Two tactile tours (subject to interest) will be offered to those that are blind or vision impaired, so that they can engage and enjoy each interactive experience via touch and description.

Sailability Manly Committee

Manly is one of the best run branches of Sailability NSW. This is because we have a wonderful group of people who are committed to giving lots of Sailing Experiences to our participants. We meet on the second Monday of every month at the Totem Club,

Balgowlah, which is inside Stocklands, on Condamine St and Sydney Rd, Balgowlah. If you are the type of person who loves to take part in the organising side, please consider joining our small group. Our next election of Committee Members takes place on 13th August, 2018. You don't need to do much to be on this committee, just turn up on the evening and you will be allocated a role.

Sailing Schedule for June to September, 2018

Day	Date	Groups
Saturday	9 June	Balmoral, Housing Connection, Rap'nRave, Sargood, Tramway, Washington
Wednesday	20 June	RFW, Arranounbai, Achieve, Sargood, AFFORD
Monday	25 June	BIRDS, Freshwater, Sargood, Sunnyfields Fr Forest
Saturday	7 July	Freshtracks, Sargood, Tramway, Washington.
Wednesday	25 July	Fisher Rd, Choose and Connect, Unisson, FrForest, HWNS, Sargood
Monday	30 July	Booked Groups
Saturday	11 August	Booked Groups
Wednesday	22 August	Booked Groups
Monday	27 August	Booked Groups
New season starts		
Saturday	8 September	Booked Groups
Wednesday	12 September	Booked Groups
Saturday	22 September	Booked Groups
Monday	24 September	Booked Groups
Wednesday	26 September	Booked Groups

Meetings at odd times: 30th April 2018

Activities like The President's Cup don't just happen like magic. Committees meet at odd times and in odd places. Sometimes after sailing upstairs in the Hall at MYC, sometimes after our regular committee meetings, and best of all at homes offered by the committee members. The most memorable for the President's Cup was the one at Ken Boyes's home, beautifully catered by his gorgeous wife, Elaine. Thanks Elaine, we really do appreciate your hospitality.



A Perfect Autumn Morning 2nd May 2018



Rob and Mason in Dolly Wallis

This morning's beautiful weather brought a great team of volunteers, and 30 sailing participants down to Manly Sailability to sail, hang around, have a wonderful morning tea with our Freshwater Bendigo Bank sponsors, and generally enjoy the fresh air.

Our team for today was led by the very efficient Sailing Coordinator, Allison, aided and definitely abetted by: Pontoon Manager, Tara; Support Boat Driver, Brian; Photographer, Joy; Observer, Corey; Sailors, Jim, Steve, Peter, Rob, David W, Michael, David G, Denis.

Helpers on the top deck were Helen, Ros and Wilma. Helpers on the pontoon were Marc, Tamara, and whoever was not sailing at the time.



Tony from Freshwater Bendigo Bank

Freshwater Bank Board members; Simone, Greg and Tony came down to check out the new shelter they have provided us with recently, with Simone chatting to our helpers and participants, and Greg and Tony helping on the Support Boat.

Jenny and Craig brought Paxton, Rafferty, John, Josie, Gracie and Ethan for their sail. These children come from country areas of NSW for some medical and educational help. This makes it a very interesting group to meet each month, with different children from different areas. This time, the kids were

from Albury, Cooma, Mudgee, etc, and many have not seen much water before, certainly not stretched out in front of them like a blanket.



The Managing Group from Freshwater Bendigo Bank

Sarah, Laura and Romana brought their wonderful little boys from Verne Barnett. Callum, Carson, Cyrus, Joseph, Justin and Mason. There was plenty of time between the groups this morning, so these children were rewarded with a ride on Charlie's Chariot as well as a sail.

Karina brought Jonathan and his Care-Puppy for his calming sail, then Jack and Chelsea arrived from BecosWeCare.

Lauren, Jess and Barbara brought Vanessa, Ben, Rodney, Rebecca, and Luke from Sunnyfield.

Last of all, Natalie and Kris brought Gabriela, Lauren, Alistair and Alessandro from AFFORD in Ashfield.

It was an exciting morning, notably because Steve decided to go for an unexpected swim while he was dropping a rudder in to an unsecured boat, and because Luke decided that his plastic car would like to go speeding across Manly Cove in the water, rather than with him on his 303. Both were retrieved, a little bit wet but non the worse for the swim.

A special thanks also to our carers this morning. It is wonderful when we get a sense of cooperation, and carers helping with each other's groups where necessary, as well as helping on the pontoon and deck.



Justin and Jim Gale



Leo and Warwick

Volunteer Recognition Evening 9th May 2018.

What a fabulous evening this was, thrown in at a very busy time, between planning for the President's Cup, a couple of sailing days on top of each other, planning the sailing program for the coming season, and repairs to the boats.



Yui and Betty

48 people gathered at Manly Yacht Club hall for this 22nd Anniversary. There were exclamations of surprise at that moment of recognition when people see each other for the first time, dressed in clothes that are totally different from our sailing uniform. Some are barely

recognisable, but when we all start talking, it is immediately apparent that we know each other well. Our State Member, James, walked in the door just a few moments after we started the proceedings, and this was also a moment of recognition for some of our guests, who realised that he had been at school with them.



Some of the happy guests

A tasty meal was provided by Brazilian Barbecue, and as usual it was wonderful. A beautiful blend of flavours, all served outside on this lovely balmy evening.



David and his guitar

We heard a couple of well thought out speeches, played a quick game of Last Man Standing. Then it was David Goldner's Evening. He held us spellbound while he played his guitar, sang a couple of his own songs, and kept us entertained.

Then was the moment of the evening. David was declared Volunteer of the Year for 2018.

Dessert was served, and as on all Volunteer occasions, the volunteers who were there packed everything away, cleaned up and put away.

Thanks so much to the committee who planned this perfect evening: Tamara, Tara and Eli, and also to Michael and Denis who came early in the afternoon to set up the room. Tamara,



Eli and James with a very special gift

your table decorations were fantastic. Tara, the lanterns hanging from the ceiling made everything look so fresh, clean and welcoming, and the tables so carefully set with white table-cloths, smart serviettes and cup-lights set the mood for a fabulous evening. A great evening for everyone who came, planned and carried it out.

Another Windy Wednesday 16th May 2018



**Three happy boys
in Charlie's Chariot**

Team for today: Hard Working Sailing Coordinator: Ken.

Support Boat Driver: Allison.

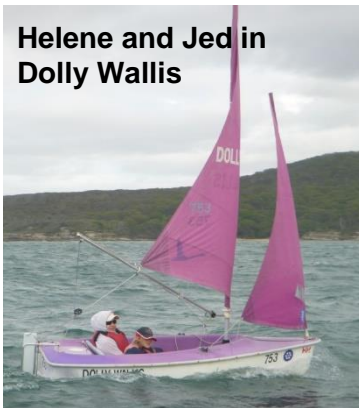
Observer: Corey

Pontoon Manager: Brian Stitt, with a couple of change overs while people had a sail.

Photographer: Ros, a very difficult job today because of the strong winds, waves whipping into Charlie's Chariot, and the speed of the sailing boats caught up in the gusts. The photos are fantastic, Ros, thank you so much for persevering.

Very sea-wise sailors today were: Ivan, Jim, Peter, Warwick, Brian, John, Michael, Helene, Steve, David W. We were lucky to have so many sailors down there because of the changeovers needed in the strong breeze and swell.

Tamara was on the radio and Time-keeping, David W was doing running repairs and helping on the pontoon, along with Marc on the winch, Denis up on deck and helping with the time-keeping, Tara was a magnificent help on the pontoon, and Maleea arrived in time to help us put everything away.



**Helene and Jed in
Dolly Wallis**

We started the morning with our special class from Dee Why Primary. 17 in the class this year, and full of energy. Some had a ride on Charlie's Chariot, all had a sail in the strong breeze, and some had a go on each. These children were amazingly well behaved, and extraordinarily brave. Most went back to school quite wet because of the waves breaking over the side of the boats. Melissa, Isaac, Felix, Riley 1 and Riley 2, Jade, Jed, Lowanna, Jekobi, Oliver, Mia, Sienna, Nalaos, Alan, Charles, Karen, Malachi, we salute you. They had just about finished when the rain came down. That did not deter them at all if they were out on the water, however, those waiting their turn found shelter in the boat rooms until the rain eased.

Then we started working with the other groups, Sarah Jane and Jon came from Sargood. Rosemary came from Royal Rehab, Karina brought Jonathan, who preferred Charlie's Chariot this morning.



**Peter, Sara Jane
and a breaking
wave!**



**Rob and David in
Dolly Wallis**

Nicholas, Rob W and Rob F, Elvis, Nelson, Scott, Molly, Shelley and Charley came from Unisson with a variety of helpers.

Then we had Andrew, from Achieve, and a couple of others who chose to sit in the newly developed sunshine, out of the wind. Thank you so

much for all the helpers this morning, it was great to see you helping with each other's groups when necessary to make the movement from deck to pontoon more efficient.

How beautiful was it to see Ray down there this morning with his Occupational Therapist? It is five months since we have seen Ray after his accident last December, but he hasn't forgotten us, and is

living to get back to volunteering on the Time-keeping Radio Table. Now that we know it is safe, we will see him often, and will absolutely enjoy his company.

President's Cup 19th May 2018



Getting the boats ready

The universe created the perfect day for us to hold the President's Cup in Manly. The temperature was a perfect, balmy 20 degrees, and early in the morning, an 8 to 10 knot breeze from the west created a great race on Manly Cove. Unfortunately, the wind then dropped to absolute calm while the course was reset and the sailors socialised. Suddenly, a southerly gust was apparent, and the second race began, with lots of jostling for the perfect position, and constant changes of leader. It was all too short, the winner was recognised and the boats had one final task to perform. After a third race start, as the boats set off for home, each crew

had to pluck one ribbon from 2 buoys set up slightly off the race course. This was carried out very efficiently by all crews, and the ribbons handed into the monitor waiting on the pontoon.

Today was not so much about racing, as about branches getting together for a wonderful fun day on



Scott from Lake Macquarie

the water. We were so amazed to see that crews had come from as far away as South Australia, Great Lakes, Belmont, Penrith, Port Stephens and Lake Macquarie, as well as some of the Metropolitan Branches; Manly, Crystal Bay and Middle Harbour. It was great to see our Sailability NSW President with his lovely wife, Kellie, visiting to present the main prize of the day to Chantelle Agius, and all participants went away with a Participation Award, because that is what we are all about.

Incidentally, we did have some wonderful Race Winners and Place getters:

2.3: Winner, Mark and Chantelle Agius, and Runner Up, Scott Priestly from Lake Macquarie.

303: First Place: Gareth Bishop from Middle Harbour sailing with John Garbutt from Belmont.

Second Place: Vincent Bird, sailing with Oliver Williams, both from Manly.

Third Place: Ern Mitchell from Penrith, sailing with Yui Fujimoto from Japan.



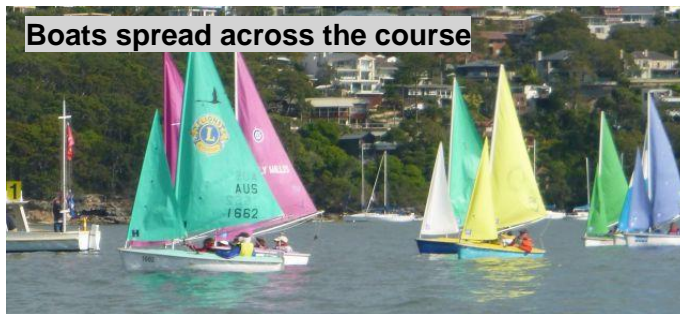
A raft of socialising boats

The whole day was dependant on 6 303's being brought over from Middle Harbour. Thank you so much, Middle Harbour, this was a big ask, and a great learning experience for both Middle Harbour Branch and Manly Branch. It opens up a whole realm of possibilities, now that we know that we can do it, and it will get easier with practice.

A huge thank you also goes to our Volunteer Team, and its little committees: The parking committee, the helpers over in the parking area, the pontoon team, the Registration Team,

and definitely, best of all the catering team who deserve first prize. From 9.00 a.m., to 3.00 p.m., tea, coffee, water, soft drinks and cookies were available upstairs, with a magnificent sausage sizzle lunch provided after the racing. Best of all were the brownies provided by our good friends from MYC, Barry and Bernadette.

I can't leave this without a huge Thank You to Bruce and Pam, who put up with a great deal of equanimity and fortitude the adaptations, last minute modifications, and amount of time it takes to organise Sailability people into and out of boats, and still managed to put on 2 magnificent races and a Navigation Exercise for people who are prepared to travel long distances for the opportunity to participate in the type of Regattas that we all enjoy so much. Where would we be without you?



Boats spread across the course

Volunteer Forum 23 May 2018



Ken, Helen and Eli attended the Volunteer Forum at Dee Why RSL, where groups such as Sailability are invited to get together to show off their wares to people who are looking for Volunteer Opportunities. There were around 15 people who put their names on our list of possible volunteers. So far one person has attended, and there will be several more in the next few weeks, while people in the community check us out to see if they would like to become regular volunteers.

MYC Working Bee 26 May 2018

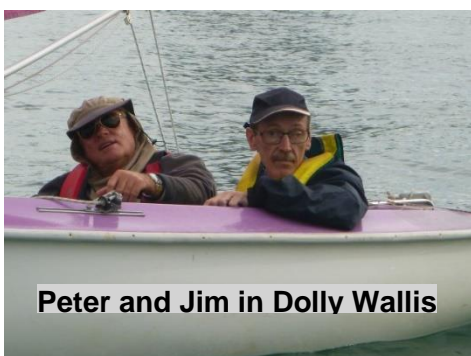


We were invited to join the MYC Working Bee for a little cleaning up and painting. Jennie, Helen, Yui, Eli and Warwick joined in with this project. Our cupboards were all cleaned out and anything no longer usable was disposed of. The outside table and stools had a new coat of paint, the bathroom floor and adjoining corridor floor were thoroughly scrubbed, as well as



painting continued in the large open foyer area. Good job, Sailability people, it is always great to help those that help us so much.

A Marvellous Monday 25th May 2018



Peter and Jim in Dolly Wallis

A wonderful Autumn morning with a very light South Easterly breeze made for a great morning sail for our students from Freshwater High; Danny, Malena and Emma. Then a new group for Monday mornings arrived from



Noah and Malcolm in Woody

Sunnyfield in French's Forest; Luke, Jocelyn, Rodney, Rebecca, Donny and Ben. This morning, Rodney and Jocelyn preferred a ride in Charlie's Chariot, while Rebecca chose to watch the proceedings, but Ben, Donny and Luke went off for a sail. Hopefully, next time we will have them all in sailing dinghies.

Rosemary arrived with Kel from Royal Rehab. This is the next contender for Paralympic glory, having sailed for a number of years. This morning, Warwick checked that all was in order, so next time, Rosemary will be sailing solo.



David W and Carlo

Jonathan came down, then Stephen, and our day really got going when the wind improved slightly for the visit of the BIRDS. Carlo, Patrick, Steve, Peter, Ian, the 2 Alans and Brad all sailed with a Sailability partner, but Danielle took off on her own.



Danielle in Vin

Stuart, Dianne, Catherine and Denise preferred to sit and watch in comfort from the deck. Noah, a new sailor from Oatlands, arrived with his helper, Arturo. Noah shows great signs of enjoying his sailing after the long drive, and will certainly come again. The day was topped off with a beautiful gesture of appreciation from our BIRDS group. Thanks so much for this gesture, it is very much appreciated by every one of our Volunteer Team.

This morning, this consisted of:

Jennie, back from her cycling trip to Portugal, David W in Charlie's Chariot, Warwick, Ray, back from his long stay in hospital, then recuperation at home, Helen at the registration desk, Denis, helping on the deck, sailors: Malcolm, John, Brian, Jim, John, Michael, new helper; Ted. Extra helpers today on the deck and pontoon were Sheila, Corey, and Marc. A great team on a perfect sailing day.



Rosemary and Warwick in ING



Ben and Michael in Alex Martin

Thank you so much to our sponsors:

• Patron: Michael Regan, Mayor of Northern Beaches Council
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Lion's Club of Manly, \$2,000 towards maintenance of Charlie's Chariot
• Warringah Mall Community Club \$500
• Balgowlah Masonic Lodge: Donation \$3,000
• Bendigo Bank: New Marquee \$1533.40
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• David Webb Donation of \$1,000 towards much needed equipment.
• Lynette Gould Ruffled Painting bought Stabilo Equipment
• Baines Family Donation \$1,000.00

The Committee of Sailability Manly 2017 -2018

President: Rob Southam	NSW rep: Denis Linney,
Secretary: Eli Demeny	Minutes Secretary: Rob Southam
Vice President: David Webb	Race Organiser: Denis Linney and Ken Boyes Committee Members: Ken Boyes Ray Rampton Col Gregan Warwick McKenzie (Roster Manager)
Treasurer: Patrick Alexander	
Membership: Helen Hendry	
Webmaster: Alan Bimson	
MYC rep: Jackie Morgan	
Maintenance: David Goldner and Committee	
Volunteer Coordinator: Eli Demeny	