



# Signals

## by Sailability Manly

May 2021

Edition 182

Edited by Heather Mackay

[www.manlysailability.com.au](http://www.manlysailability.com.au)

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**Sailability Manly Trivia is back!**

**Test Your Knowledge on page 13.**

### May: Volunteer Recognition Month by Heather Mackay

Much like most non-profit organisations around the world, Sailability Manly would cease to function without the dedication and hard work of its incredible volunteers. According to Volunteering Australia ([www.volunteeringaustralia.org](http://www.volunteeringaustralia.org)), almost six million volunteers around the country contribute over 600 million hours to helping others each year. May is known as the month for celebrating these generous volunteers and encouraging increased volunteerism in all forms, by people of all ages.

The theme of National Volunteer Week (17 – 23 May) this year was "Recognise. Reconnect. Reimagine." Sailability Manly kicked this theme off a bit earlier on 5 May, holding its **25<sup>th</sup> Annual Volunteer Recognition Evening** at the Manly Yacht Club. Among our VIP guest speakers were Warringah MP Zali Steggall OAM and Northern Beaches Council Mayor Michael Regan, whose partner (and Zali's Chief of Staff) Bronwen Regan was also in attendance. For an in-depth recap and photo montages of our very special 2021 VRE, please flip to pages 4 - 7.

### We also observed the tenth **Global Accessibility Awareness Day (GAAD)** on 20 May, which is a day designed to help get people talking, thinking and learning about digital access / inclusion for people with different disabilities. One Billion people worldwide live with a disability and are considerably underserved by digital products due to visual, hearing, motor and cognitive barriers. For more information and tips on ways you can commit to inclusion please visit <https://globalaccessibilityawarenessday.org/>.



On to local news...with the Winter months (June, July, August) and cooler weather quickly approaching, Sailability Manly will be offering limited sailing dates – just three per month, each on a Mon / Wed / Sat. Please mark your diary and attend when possible, ensuring to call our weather hotline (02) 9976 2747 before leaving home. We will resume our usual five sailings a month in September, plus a few training days for volunteers and members who are interested in gaining a better understanding of our routines, rules and procedures.

Please continue reading for information on our upcoming volunteer radio training and an important message regarding our new booking system for the groups who bring participants down to Sailing sessions.

## Contact Us

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### **SAFETY AND MAINTENANCE:**

David Webb, David  
Goldner and Denis Linney

## Dates for Your Diary - through June 2021

**Volunteer Radio Training, 12 and 16 June 2021:** As part of a grant application to the Northern Beaches Council and Sailability NSW, we received nine radios and must train our volunteers to use them safe and effectively.

John Weaver has written a very comprehensive Radio Training Course for the use of these particular radios in our local sailing area. The beginning part of the course will have participants explore managing the actual radios and learning the controls. After some shore practice and theory, we will take to the water in our boats and practice in the environment where they will be used.

This course will be divided into two groups, each taking up the time of a whole sailing session. Saturday volunteers should attend the Saturday 12 June session and Monday / Wednesday volunteers should attend the Wednesday 16 June course.

To date, only eight people have registered on the Saturday Roster and a much larger group is signed up for the Wednesday Roster. If any of the Wednesday volunteers are able to possibly transfer to the Saturday group, this will help to even out the groups for delivery of the course. After the Saturday session, a sausage sizzle will commence for \$2.00 each.

Eli will send a reminder to everyone who is booked the week beforehand. This course is free; however, please keep in mind participants will NOT earn an official Radio License after completion.

## Sailing Dates - June through December 2021

Sat	12 <sup>th</sup> June	Radio Training
Wed	16 <sup>th</sup> June	Radio Training
Monday	28 <sup>th</sup> June	General Sailing
Sat	10 <sup>th</sup> July	General Sailing
Wed	14 <sup>th</sup> July	General Sailing
Monday	26 <sup>th</sup> July	General Sailing
Sat	14 <sup>th</sup> July	General Sailing
Wed	18 <sup>th</sup> July	General Sailing
Monday	26 <sup>th</sup> July	General Sailing
Sat	14 <sup>th</sup> August	General Sailing
Wed	18 <sup>th</sup> August	General Sailing
Monday	30 <sup>th</sup> August	General Sailing
Sat	4 <sup>th</sup> September	Vol/Sail Training
Wed	8 <sup>th</sup> September	Vol/Sail Training
Sat	18 <sup>th</sup> September	General Sailing
Wed	22 <sup>nd</sup> September	General Sailing
Monday	27 <sup>th</sup> September	General Sailing
Sat	2 <sup>nd</sup> October	General Sailing
Wed	6 <sup>th</sup> October	General Sailing
Sat	16 <sup>th</sup> October	General Sailing
Wed	20 <sup>th</sup> October	General Sailing
Mon	25 <sup>th</sup> October	General Sailing
Sat	30 <sup>th</sup> October	General Sailing
Wed	3 <sup>rd</sup> November	General Sailing
Saturday	13 <sup>th</sup> November	General Sailing
Wed	17 <sup>th</sup> November	General Sailing
Saturday	27 <sup>th</sup> November	General Sailing
Monday	29 <sup>th</sup> November	General Sailing
Wed	1 <sup>st</sup> December	General Sailing
Saturday	11 <sup>th</sup> December	Regatta
Wed	15 <sup>th</sup> December	Family Day

## Contact Us

### SYSTEMS

#### COORDINATOR:

Ken Boyes

### RACE ORGANISERS:

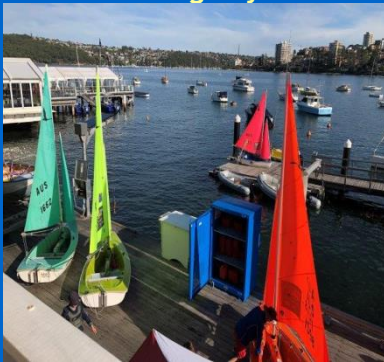
Denis Linney and  
Ken Boyes

### MYC REPRESENTATIVE:

Peter Ward

#### Photo Below:

Getting ready for a big  
Sailing day!



#### Photo Above:

Winners of the 2021  
Wayne Black Trophies for  
Best Crew / Best Sailor  
Ivan Demeny/Denis Linney

#### Photo Below:

Eli with 2021 Volunteer of  
the Year - John Weaver



## Thank You to Our Generous Sponsors!

David Webb: \$1000 for radio and extra bits and pieces
Betty and Peter Baines: \$500 for membership subsidies and Volunteer Recognition Evening
Patron: Michael Regan, Mayor of Northern Beaches Council
Hansa Sailing Systems: \$5000 for seven new sail suits for Invictus Games and then donated to Manly Sailability
Premier Automotive, Jeff Smit: Boat trailer inspection for registration
Manly Yacht Club
Lion's Club of Manly: \$2,000 towards maintenance of Charlie's Chariot
Warringah Mall Community Club: \$500
Balgowlah Masonic Lodge: Donation \$3,000
Bendigo Bank: New Marquee \$1533.40
Cromer Golf Club: Hansa 303 Black Swan
Cerno Insurance: Hansa 303 Vin
Alice Cleary's Running Team, Membership for BIRDS and Royal Far West
Lynette Gould Ruffled Painting bought Stabilo Equipment
Federal Government Grant paid for First Aid Courses
Northern Beaches Council supplied Parking Permits for our volunteers
Northern Beaches Council Grant for radios and radio training, \$1650.00
David Goldner and David Webb: improvements to storage, trolleys, cupboards
Club Totem for providing a conference room for our monthly Committee meeting

## The Committee of Sailability Manly 2020 / 2021

President: Warwick McKenzie	Secretary, Volunteer Coordinator and SNSW Rep: Eli Demeny
Treasurer: Sue Marshall	MYC Rep: Peter Ward
Membership: Helen Hendry	Webmaster: Alan Bimson
Race Organisers: Denis Linney and Ken Boyes	Social Committee: Jackie Morgan and Ragnhild Purcell
Systems Coordinator (including Covid-19 Officer): Ken Boyes	Safety/Maintenance: David Webb, David Goldner and Denis Linney
Sailing Groups Coordinator: Jennie Fogarty	Editor of <i>Signals by Sailability Manly</i> : Heather Mackay
Committee Members: Warwick McKenzie, Jackie Morgan, David Webb, Ragnhild Purcell, Denis Linney, Eli Demeny, Sue Marshall, Ken Boyes, Peter Ward, Alan Bimson, Jennie Fogarty, Heather Mackay and Caroline Holdstock.	



# 25<sup>th</sup> Annual Volunteer Recognition Evening

Wednesday, 05 May 2021

\*All Images by Caroline Holdstock

The 2021 Sailability Manly VRE was a smashing success! Over 50 volunteers and their guests arrived around 6:00 pm to the festively decorated Manly Yacht Club; each greeted in the balloon-filled entryway with warm smiles from Jackie Morgan and our talented photographer, Caroline Holdstock. A welcome glass of Champagne and a small volunteer appreciation gift were generously handed out to each new arrival as well. Upon entering the MYC main room, it was difficult not to notice the smell of the exquisite floral bouquets on each table, which transformed the occasion into a botanical delight. After a bit of mingling amongst the handsomely-dressed group, everyone took their chosen seats at the family-style tables and Jacky kicked off as our lovely Emcee of the evening.

Jacky delivered an entertaining opening welcome and introduced our Committee President Warwick McKenzie, we enjoyed an incredible string of VIP Speakers. The mic was handed over to the very articulate Northern Beaches Council Mayor Michael Regan, who tugged on all our heartstrings when he spoke about the Gunnedah Project, which took place in the middle of the January 2019 drought. Next Zali Steggall, our local Member for Warringah, gave a wonderfully encouraging speech and promised to come out for a sail when the weather warms up!

At this point, fabulous Chef Felix announced dinner was ready. In an organised fashion, we all took to lining up at the buffet table and piled our plates with a variety of delicious salads, sides, pastas and proteins. The food was delightfully tasty, and the Champagne and conversation continued to flow.

Next David, a member of the Committee, presented as our historical perspectives speaker and also spoke about the wonderful cabinets he helped build for our use. Then as a special treat, an old slideshow of photos and videos taken from the days when the Pontoon and its ramp were built played on the monitor screen as Keith (a Marine Architect) wowed us all with his story of the creation of the MYC Pontoon, his dream and its ultimate culmination.

The magical evening continued and as dessert was served our revered President, Warwick thanked everyone for attending and spoke about the importance of our tireless volunteers. He also presented Eli with a special gift certificate, just a small thank you for all that she does. After a few words from Eli, she segued to the highly anticipated presentation of the Wayne Black trophy for **Best Sailor (Denis Linney)** and **Best Crew (Ivan Demeny)**. The mic was handed back to our gregarious Emcee, Jacky who then sang "Happy Birthday" to Caroline. Eli ended the night on a high as she presented the **Volunteer of the Year award to John Weaver** for his ongoing commitment and contribution to the Radio Program we are soon to enjoy.

We'd also like to extend a very special thank you to the VRE Committee - Jackie, David, Ragnhild, Caroline (photos), Chef Felix and Jennie (flowers) for time spent organising an unforgettable evening for all attendees!





# 25th Annual Volunteer Recognition Evening

Wednesday, 05 May 2021

\*All Images by Caroline Holdstock





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Wednesday, 05 May 2021

\*All Images by Caroline Holdstock





# Sailing Reports

## Saturday, 08 May 2021 - Super Saturday!

The forecast was perfect this morning, so we went ahead with our Sailing Day with a few Covid-19 restrictions in place due to the recent scare. People signed in at the desk and used a mask if they felt comfortable doing so. We wiped all the boats down with disinfectant and everyone used hand-sanitiser.

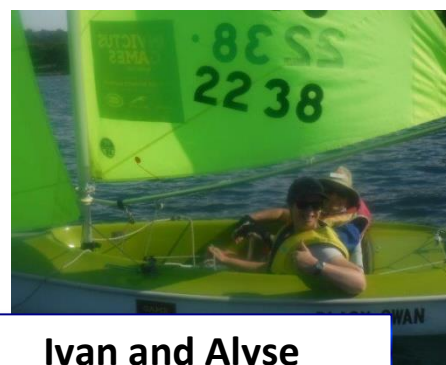
A special tribute goes out to Eileen for diligently preparing for her first time as Sailing Coordinator! She read through the instructions posted on Manly Sailability's website and watched the Training Video several times, so that the whole morning ran smoothly and everyone knew what their duties were. Thanks, Eileen - you appeared to enjoy this onerous job, so it will come your way more often!

We also had a great crew putting out and rigging the boats....Warwick, John, Nola, Jim, Meriana, Nikki and Michael. Kieran was also present to give us a hand with the boats from the top racks.

Sandra made her way down to Charlie's Chariot with camera in hand to practice her photographic skills, and Meriana took her phone as back-up. Wilma began sorting the life-jackets so that her job would be easier later on in the session.

By the time we finished up the briefing our first group arrived, so sailors John, Denis, Jennie, Ivan, Michael and Vince jumped into the boats and took Trevor, Alyce, James, Tonek, Shane, and James W out onto the very clear, smooth water.

Our participants arrived fairly early this morning, and we soon had Kerri, Anna, Grant and Meaghan from Washington waiting on the deck. Grant has spent many years looking wistfully at sailing from the deck, as he could not pluck up enough courage to get in the boats. However today (15 years later) he decided, it's time! He cheerfully was lowered into the boat from a chair, than took off over the water with sail power. The smile across his whole face lit up Manly!



**Ivan and Alyse  
in Black Swan**



**Anna and John in Vin**



**Tonek and Jennie in Eli D**

Peter E., Fiona, Vanessa, Mattie, and Peter K arrived and we welcomed another sailor, Helene, so that more participants were able to head off for a sail. Will and Taylor from WOTABILITY arrived and went for a pleasant sail at the end of the morning. Crosbie, an irregular sailor, is always excellent value when he has time to spend with us. Kerry is such a delight to sail with and Peter is a bit of a natural helms man; he did quite a lot of steering, holding a steady upwind course and then showing off every few minutes by doing a 'look mum, no hands!' Young Shane was also good on the helm and thoroughly enjoyed it.



**Grant and Helene  
in Black Swan**

Thank you to our Volunteers and others who came down to enjoy the sunshine and good cheer.



**Peter K and Crosbie  
in Alex**



# Sailing Reports

## Wednesday, 12 May 2021 - A Busy Wednesday

On this busy morning we put out seven boats because we were expecting 22 volunteers and two groups of participants to arrive. Then in spite of a rotten forecast, we experienced beautiful weather which enticed a few extras down for a good Sailing.

John P made a huge effort this morning as Sailing Coordinator; he wanted everything to run smoothly and it did! Brian was Pontoon Manager and kept very busy with the large number of people who needed to be lifted on the hoist. Sailors were Warwick, Denis L, Steve, Jim, Michael, Malcolm and Jennie. John W took the first shift as driver on Charlie's Chariot and later on, Jennie, with a few observers hitching a ride to watch their family member sailors. Corey worked as Radio Officer until Ken took over this role, Helen was our registrar, Wilma dealt with life-jackets and harnesses and Sandra went over to East Esplanade Park to help with the new Northern Beaches Council Parking arrangements. Caroline was an invaluable helper, swapping between the pontoon and the deck. Michael, a new volunteer in training this morning was a wonderful help, diving into wherever he was needed - hoisting, catching and retrieving boats, always showing respect for our participants, and using a great deal of initiative. What a bonus he will be for our volunteer group!!! Candice served as photographer and Ros was a great help on the pontoon.



**Two Michaels in Black Swan**



**Jim and Will in Dolly Wallis**

Jonah (the first into a boat), Sarah, Michael, William, Emma, Mikey and Jatin. This group enjoyed morning tea while they waited their turn.

Our participants were greatly enthused today by the new parking arrangements set up by Northern Beaches Council. Having a set Parking Spot now is wonderful! Group leaders will no longer have to drive around Manly looking for a parking space large enough for their mini-buses, and we really appreciate this facility.

Rosemarie and Victoria from RFW brought Xzavier, Makayla and Joshua who loved their sailing session. Michala and several other teachers and helpers brought



**Denis and Joshua in Woody**

Peter and Betty brought Ben down for his fortnightly dose of sailing.

Jean brought Peter, who accepted the ease of a hoist after we noticed last time that he was having difficulties embarking and disembarking the boat. Rodney, Ben, David, Alex, Vanessa and Kane came down with Glen from Sunnyfield, and then Jack arrived with Keira and spent the rest of the morning with us, choosing to sail then ride in Charlie's Chariot.

This morning we welcomed for the first time a different Dennis, who had been a great sailor before his major stroke that has left him nurturing all of his newly developed abilities to use them for his old skills. He loved his experience today, while his family and physiotherapist watched on proudly, and then joined as a new member. With lots of volunteers and John P directing operations, we quickly put everything away after everyone had a sail.



**Jennie and Warwick in Charlie's Chariot**



# Sailing Reports

## Saturday, 22 May 2021 - End of Season Regatta

Our 2021 End-of-Season Regatta went ahead with five boats occupied and a full crew. Michael and Denis arrived early to begin putting out and rigging the boats, swiftly followed by the rest of the set-up crew. We used our full complement of helpers on Charlie's Chariot and Carlvsle (the start boat). Marie, Eileen, Elaine, and Val arrived a little later to help with catering.

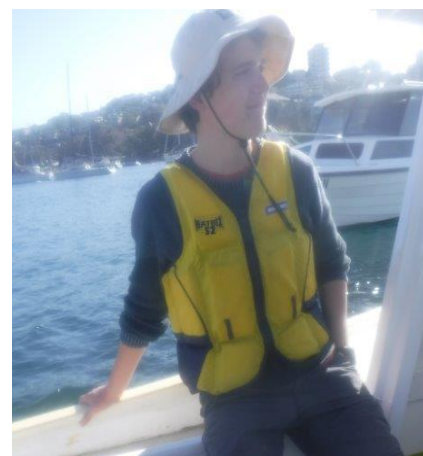
In the perfect westerly breeze, the course was quickly set up and racing commenced just a few moments after the official start time. With this efficiency, we were able to complete three races, and the final results were a very hard fought victory to Denis and Ivan in Woody. 2nd places were impossible to split between Michael and Ros in Alex and Jackie and Caroline in Black Swan. Helene and Fiona came in 4th, and David and Candice, 5th place.

Back on deck, the onshore crew kept busy cleaning up the barbecue in preparation for our Saturday Sausage Sizzle, Ken worked the radio and others enjoyed watching the races. By the time everyone arrived back to shore, lunch was cooked, tents were up, tables were pushed together and prizes all ready to be distributed. The day was an excellent finish to a messy season, and everyone agreed we're ready to move on the next season, commencing the following Wednesday!

Regatta Race Teams:	Charlie's Chariot:	Carlvsle:
<b>1<sup>st</sup> Place</b> - Denis and Ivan in Woody	<b>Skipper</b> - Vince	<b>Race Officer</b> – Pam
<b>2<sup>nd</sup> Place</b> - Michael and Ros in Alex	<b>Helpers</b> - Michael, John, Meriana, David	<b>General Help</b> – Rex
<b>2<sup>nd</sup> Place</b> - Jackie and Caroline in Black Swan	<b>Photographer</b> - Sandra	<b>Flags</b> - Eli
<b>4<sup>th</sup> Place</b> - Helene and Fiona in Vin		
<b>5<sup>th</sup> Place</b> - David and Candice in Dolly Wallis		



**Race 2 Start Line**



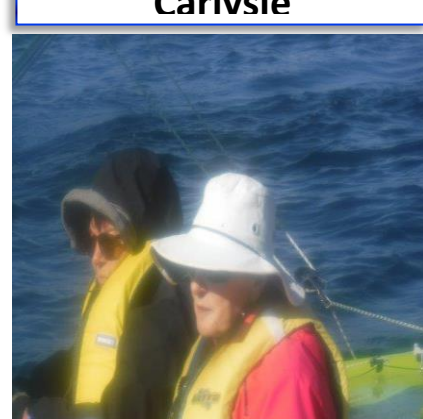
**Rex – Crewing on Carlvsle**



**Michael and Ros in Alex**



**Ivan and Denis intent on Finish Line**



**Jackie and Caroline in Black Swan**



# Sailing Reports

## Wednesday, 26 May 2021 - Another Wonderful Wednesday

What a fabulous sailing morning we had in Manly Cove this morning! The sky was blue and the wind perfect at the beginning and end. Unfortunately, we had a few moments when the wind dropped completely, and it was just a matter of patience and paddling to get any movement out of the boats.

Jim was an excellent Sailing Coordinator this morning, and he looked very smart in his yellow Hi-Vis uniform. Warwick captained Charlie's Chariot with photographer, Candice, and various observers including Ted. Sailors Rob, Brian, Denis, John W, John P, John B, Ragnhild and Michael took out the participants who came for a sail. Corey managed the radio, Sandra distributed life-jackets and Helen handled registrations and Covid Safety. Caroline managed the time-tabling and Malcolm manned the pontoon, so that it was a very well-run morning of team-work. The two Michaels helped out on the pontoon and up on deck.

Our first group arrived, Royal Far West students and a parent. They all enjoyed their sail, especially Isabella, who loved trying out everything the boat could do in the brisk breeze while she was sailing with Ragnhild. The other children were Zeph, Samira, Gary and Gabrielle. Jack arrived with Keira, Peter with Marnie and both had a wonderful time sailing. Kane and Vanessa arrived with Glen, Tamara, Sue and Peter arrived with Adrienne. Ben came down with Mum and Dad and jumped straight into a boat with his sailor. Dennis arrived with Pam and Georgie. This morning, Dennis amazed all of us with his sailing skills, which are coming back to him now. He took the helm for most of the session and showed great promise for future regattas. Zoe and Hanlin arrived later with their helpers and had a most enjoyable time on the boats. A quick put-away at the end finished off a great day out sailing.



**Corey prepping the Radio**



**Rigging sail boats at the Pontoon**



**Gabrielle and Dad**



**Zeph and Brian in Eli D**



**John B and Peter in Vin**

**Hoisting Dennis out of Vin**





# Sailing Reports

## Monday, 31 May 2021 - Miraculous Monday

This morning was doubly miraculous because the terribly cold Winter weather we had been experiencing for the three days prior just disappeared! We felt like we were back in our last Autumn Day for the year; warm, calm, sun shining, blue skies and lots of happy people visiting Manly for a sail.

Our helpers were fantastic!! Special thanks to our Sailing Coordinator Team, Warwick and John. This morning our Registrar was Helen, Support Boat Driver was Brian, Photographer was Meredyth, Radio operator was Corey and Pontoon managers were Malcolm, than Jackie. Nola helped with Life-jackets and the pontoon.

Our Sailors were Peter, Denis, Jim, John B and John P, Michael, Malcolm and Warwick. Because of this excellent team, we were able to take Trevor and Bradley, our two individual sailors for a sail. Then SEALS..with helper Simone, Thomas (with Dad, Andy as skipper,) Jake, Doug, Bart, Jo and Nicola. Bart gave everyone a lovely surprise with his huge smile by taking over the helm and showing his sailor, John that he really can sail.

Sargood's Jake arrived with Rollo. Then Sunnyfield brought Ben, Rosa, with a sunny smile, Luke and Rodney. Wayne arrived with his contingent from Aruma, James, Kyle, Eddie and Paul. Then BIRDS flew up, with Amanda in charge. It was great to see Carlo, Melinda, Alan, James, Danielle, Stuart, Peter and Brad. Melinda and Alan chose not to sail this time, as they wanted to enjoy the beautiful sunshine. Thanks again to our wonderful participants and volunteers for a busy end to an action-packed month!



**Brian with the Hoist Trolley**



**Jim and Trevor in Vin**



**Jake and Peter in Black Swan**



**Rosie with a Mona Lisa smile in Alex**



**Doug and John P in Dolly Wallis**

# New Booking System Information

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## **Additional Information for Group Leaders:**

1. Under our new Booking System, Group Leaders of all groups have the opportunity to book in their participants for as many Sailing Sessions as they require.
2. Check out the dates as they appear on the web-site **www.manlysailability.com.au** and click on "Sailing Dates" or check the dates as they appear in this month's **Signals**.
3. Choose the dates you would like to book for a group. Send this list of dates to **bookings@manlysailability.com.au**. Over the month of June, Caroline will respond to confirm that your dates are locked in and booking(s) were successful.
4. Please note your booked dates in your diary. Caroline or Jennie will send a reminder to you in the week before your Sailability Manly Session.

**Reminder:** General Sailing Day Bookings are limited and filling up fast so Group Leaders, we urge you to please contact Jennie at **bookings@manlysailability.com.au** to schedule a solo or group booking.

On General Sailing Days, volunteers should arrive at the Manly Yacht Club by 8:30 a.m. and sailing participants from 9:45 a.m. Visitors are always welcome to come by, see what we do and try us out! Please remember to ring (02) 9976 2747 on the morning before you arrive to ensure the day's sailing has not been cancelled. Parking permits are available.

Visitors to Sailability Manly are always welcome! Just \$5 to try and if you'd like to purchase an annual membership, which includes unlimited sailing, it's only \$25! Register one day ahead with Eli to ensure your spot. Sailing Day Instruction videos are available on **www.manlysailability.com.au** which covers most of what we do.

### **Venue**

**Manly Yacht Club**  
East Esplanade  
(end of Wood St)  
Downstairs dockside via  
accessible ramp.

### **Parking**

**Parking Permits are Available**  
Special arrangements will  
be made for mini-buses and  
wheelchair lift vans.

### **What to Bring?**

**Sailors and Volunteers**  
must bring a hat that stays  
on, bottled water and apply  
good sunscreen. Life jackets  
are provided.

## **SAILABILITY MANLY TRIVIA: (FROM APRIL)**

### **What year was the Pontoon at MYC built?**

**Answer:** The pontoon build was completed in August 2002. Conceived by Keith Woodward, built by members of Manly Yacht Club and Sailability Manly volunteers, the project took two years to complete. The pontoon was launched on a cold, dark, wet August night in 2002, the date of the highest tide for that year. Only volunteer labour was used, including the architectural plans, and special deals on all materials were negotiated.

