



Signals

from Sailability Manly

November 2020

Edition 176

Edited by Heather Mackay

www.manlysailability.com.au

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Sailability Trivia
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Test your Knowledge!

Welcome to the New Editor by *Eli Demeny*

Thanks so much to Jennie Fogarty who has been editing **Signals** since Edition 132, November 2016. What a trouper, four years, every month, 44 editions and how the time has flown! Jennie has not left us, just changed her duties. Thank goodness, she offered to be our new Group Liaison Officer and is now planning and organising groups who come down for sailing each sailing day.

This month, November 2020, we welcome a brand new Editor, Heather Mackay, who has joined us from Sailability Perth in Western Australia, with a whole new outlook to an old institution that is **Signals from Sailability Manly**, (what a mouthful) fondly and informally known as **Signals**.

Over the years since 1995, we have had many Editors, each one known for his/her ingenuity in expressing the feelings of the group, maintaining a history, reporting on wonderful, sad, heart-warming incidents that have occurred each month and passing on the news that is important to the people who belong to this part of the sailing community. I am sure that Heather will have fun with it and carry on the history and mood of the great institution that is **Signals**.

Note from the Editor by *Heather Mackay*

A very warm thank you to Eli and the Sailability Manly Committee for providing this unique opportunity to become more involved within the group and apply my creative side to a worthy cause. Thank you to Jennie also, for her years of service and initiating a smooth handover of responsibilities. Challenge accepted!

Act + Belong + Commit = the three pillars of positive mental health. As a non-profit organisation, Act-Belong-Commit went hand-in-hand with Sailability WA when I volunteered on Australia's beautiful wild west coast from 2016 to 2019. Volunteering is one of the top mentally healthy activities we can do for ourselves! Active participation within a non-profit organisation has been essential for my own wellbeing and adjustment, particularly when immigrating to Australia from North America and more recently, when I survived a motor vehicle accident in Kakadu which left me with a permanent physical disability. Volunteering for Sailability has given me purpose, perspective, consistent social interaction, reduced stress and greater confidence in life and on the water! The benefits are countless, and I encourage you to join us any time you can for a morning sail around exquisite Manly Cove.

The members of Sailability Manly have been incredibly welcoming and trusting, allowing me to take on this exciting role. I look forward to building new friendships, learning a few sailing tricks and respectfully serving as your Editor, while we transition to a new (hopefully less restricted) year in 2021.

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Dates for your Diary

Typically around this time of the year we post a reminder that New Year's Eve Fireworks can be watched from the deck of Manly Yacht Club at 9.00 p.m. As we go to press this year, it seems likely that this gathering **will be cancelled** due to difficulty organising in light of Covid-19, our less than friendly Pandemic. However, we will let you know by email if there are any last minute changes to this decision and it will actually go ahead.

Saturday, 5 December: Sailability Manly has been abandoned because of a huge Regatta to take place at Manly Yacht Club, which will restrict our rigging, launching and retrieval processes. Very sincere apologies to those groups who were booked to sail and the volunteers who put their names on the list. We try our hardest to program early and stick to routine, but sometimes unavoidable events like inclement weather and unusual occurrences happen and we just have to adapt. We will be back to sailing as usual on Wednesday, 9 December with our guests.

Saturday, 19 December: Normally we would be holding our end-of-year Regatta, but this year we will have a regular sailing day to replace the cancelled 5 December sailing day. We will be hosting people from a few existing groups and welcome a new group, Flexible Respite.

Wednesday, 6 January: In the new year, we will commence Sailability on the first Wednesday of January 2021. Everyone is welcome, so please book your group through Jennie at jenniefogarty@optusnet.com.au.

Saturday, 16 January: This will be our first Saturday Sailing of 2021.

Wednesday, 20 January: A regular Sailing Day.

Australia Day, Tuesday, 26 January: This is the **Australia Day Regatta**. Please contact Ken Boyes as soon as possible to put your name down as Skipper or Crew for this important Race! krboyes@optusnet.com.au.

Sailing Dates - December 2020 to March 2021

| | | |
|-----------|---------------------------|---|
| Wednesday | 9 th December | General sailing |
| Saturday | 19 th December | Booked Groups, general sailing, Christmas nibbles |
| Wednesday | 6 th January | General sailing |
| Saturday | 16 th January | Booked Groups, General Sailing |
| Wednesday | 20 th January | Booked Groups, General Sailing |
| Tuesday | 26 th January | Australia Day Regatta |
| Wednesday | 3 rd February | Booked Groups, General Sailing |
| Saturday | 13 th February | Booked Groups, General Sailing |
| Wednesday | 17 th February | Booked Groups, General Sailing |
| Monday | 22 nd February | Booked Groups, General Sailing |
| Saturday | 27 th February | Booked Groups, General Sailing |
| Wednesday | 3 rd March | Booked Groups, General Sailing |
| Saturday | 13 th March | Booked Groups, General Sailing |
| Wednesday | 17 th March | Booked Groups, General Sailing |
| Saturday | 27 th March | Women's Challenge Regatta |
| Monday | 29 th March | Booked Groups, General Sailing |
| Wednesday | 31 st March | Booked Groups, General Sailing |

Please note: There are still vacancies in the Booked Groups Dates. Group Leaders, please take note of this and contact Jennie Fogarty at jenniefogarty@optusnet.com.au for a booking.

Contact Us

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Ken Boyes

SAFETY AND

MAINTENANCE:

David Webb, David
Goldner and Denis
Linney

RACE ORGANISERS:

Denis Linney and

Ken Boyes

MYC

REPRESENTATIVE:

David Webb

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Thank You to Our Generous Sponsors!

| |
|---|
| • David Webb: \$1000 for radio and extra bits and pieces |
| • Betty and Peter Baines: \$500 for membership subsidies and Volunteer Recognition Evening |
| • Patron: Michael Regan, Mayor of Northern Beaches Council |
| • Hansa Sailing Systems: \$5000 for seven new sail suits for Invictus Games and then donated to Manly Sailability |
| • Premier Automotive, Jeff Smit: Boat trailer inspection for registration |
| • Manly Yacht Club |
| • Lion's Club of Manly: \$2,000 towards maintenance of Charlie's Chariot |
| • Warringah Mall Community Club: \$500 |
| • Balgowlah Masonic Lodge: Donation \$3,000 |
| • Bendigo Bank: New Marquee \$1533.40 |
| • Cromer Golf Club: Hansa 303 Black Swan |
| • Cerno Insurance: Hansa 303 Vin |
| • Alice Cleary's Running Team, Membership for BIRDS and Royal Far West |
| • Lynette Gould Ruffled Painting bought Stabilo Equipment |
| • Federal Government Grant paid for First Aid Courses |
| • Northern Beaches Council supplied Parking Permits for our volunteers |
| • Northern Beaches Council Grant for radios and radio training, \$1650.00 |
| • David Goldner and David Webb: improvements to storage, trolleys, cupboards |

The Committee of Sailability Manly 2020 / 2021

| | |
|--|--|
| Volunteer Co-ordinator: Eli Demeny, Warwick Mackenzie | Maintenance: David Webb, David Goldner and Denis Linney |
| Volunteer Roster: Warwick McKenzie | Systems Co-ordinator: Ken Boyes |
| Race Organiser: Denis Linney and Ken Boyes | Social Committee: Jackie Morgan, Ragnild Purcell |
| | SNSW Rep: Eli Demeny |
| Sailing Groups Co-ordinator: Jennie Fogarty | Signals Editor: Heather Mackay |
| Committee Members: Warwick Mackenzie, Jackie Morgan, David Webb, Ragnild Purcell, Denis Linney, Eli Demeny, Ken Boyes, Alan Bimson, Jennie Fogarty | Systems Co-ordinator (including Covid-19 Officer): Ken Boyes |

Sailability Trivia Question: *Where did Sailability first appear in NSW Australia?*

Sailing Reports

Saturday, 7 November 2020 - Saturday Regular Sail

We did not have a huge turn-out for today's sail, with only ten takers for this beautiful sailing day, including Fiona and Hanna, who have been waiting to return after months of Covid-19 isolation. Wilma, Denis and Helen decided to stay ashore to manage cleaning, radio and registration duties. Michael, Nola, Ivan, Hanna, Jennie and Fiona took off across the bay in boats that had been rigged by the skippers, while Jim and Eli took over Support Boat duties. The peaceful morning provided slight southerly breezes to make the sailing easy, and the beautiful scenery and atmosphere always make it all worthwhile. After a long sail, the breeze started turning into wind and all came home to derig and clean. A good, old-fashioned sailing day.



**Jennie and Fiona
in Ralph Newman**



**Ivan and Hanna
in Vin**



**Nola and Michael
in Black Swan**

Sailing Reports

Wednesday, 11 November 2020 - An Exciting Race Day

What a perfect November Day; breeze around 8 to 10 knots, a steady South-Easter, wonderful company and temperature at a lovely 23 degrees. Our team arrived reasonably early to get all seven 303's rigged and on the water, then a quick conference to establish the best course for today. Warwick, Devin and Paul took off to lay the only temporary buoy we needed while the finishing touches were put to the racing boats. Then the crews sorted themselves out, climbed into the boats and we were off. Finding the course was difficult because the first turning buoy was not in the expected place. Some loud yelling across the bay soon fixed this, and the racing began!

Thanks so much to Warwick, Devin, Peter and Paul for setting up this mystery course, then motoring to the start line and pointing us all to the right spot to kick off the race. Afterward, it took a while for the exhausted crews to haul the boats onto the pontoon and back up on deck to be sanitised and put away. Thanks so much to our deck crew Wilma, Corey and Helen who minded the belongings while we were gone, manned the radio, made sure there was a nibble and drink for nourishment and helped with the putting away.

It was a most exciting race with two sections, so that we ended up with a very fair idea of the sailing skills of our teams:

- Denis and Ivan - 1st
- Rob and Heather - 2nd
- Jim and Peter S - 3rd
- Jennie and Lyn - 4th
- Brian and Ben - 5th
- Ken and Michael - 6th
- John and Eli coming in at a stately 7th

The Briefing



The Winners: Dennis and Ivan in Eli D



Boats spread over the Race Course



Back at the Pontoon



Sailing Reports

Saturday, 21 November 2020 - General Saturday Sailing

Today was not an easy day to predict the weather, as the forecast did not quite match what we could see from the window. However, we decided to go ahead and were ready to abandon sailing if the wind became too strong, or the threatening rain eventuated. Ragnhild, Denis and Helen arrived down at the Yacht Club early and started setting up as the other helpers arrived, eager for the sailing to start. Warwick brought down the dinghy and prepared to row over to pick up Charlie's Chariot, but Ragnhild and Gordon decided this would be a good time to give Gordon a lesson in Charlie's pick-up routine. Always good to have a spare trained Driver just in case, and this worked well. As more people arrived and the deck became deserted by the other groups, we brought out five 303's and rigged them, with the expert help of Denis. Nola and Jannette put in some valuable learning and practice time, until Crosbie, John, Heather, Devin, Jim, Michael and Vince arrived. New volunteer, Eileen, arrived and by this time we had the five boats in the water. We brought down another one, as we expected Sargood to join as well as new sailor, Monique, to share the sailing day with us. A little later, Helene arrived and waited for her turn to sail. It was indeed a perfect day for our small boats, and everyone got the opportunity to have some extra training in the perfect conditions.

Ragnhild (the skipper), Janette (the photographer) and Gordon spent the morning in Charlie's Chariot, and the rest of the team had a wonderful training/sailing day out there. A new craft was seen navigating around Manly Cove, doing wind acrobatics on a tiny foil. Jannette managed to get some amazing photos of this craft (see below). Monique really enjoyed her first day sailing with Vince and will probably return to enjoy it again. Her helper, Natalia, was wonderful in the care she took, helping Monique into the boat and out again when she returned. No sign of the Sargood group this morning, as they decided that the weather was too uncertain for them. After everyone had a turn, the boats were brought back, de-rigged, sanitised and put away as expertly as ever.

**Heather and Devin
in Alex**



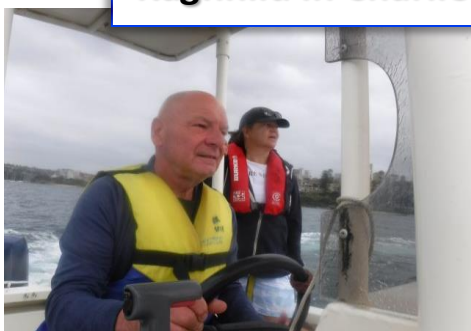
**Ivan and Warwick
in Black Swan**



**John in Ralph
Newman**



**Gordon and
Ragnhild in Charlie**



**Air Foiling in
Manly Cove**

Sailing Reports

Wednesday, 25 November 2020 - Wonderful Wednesday Sail

On this beautiful mid-week morning, Eli kicked everything off with the briefing where she spoke about the First Aid Course Grant application she lodged last December on behalf of Sailability Manly. With a congratulatory round of applause, First Aid certificates were handed out to those members in attendance that completed the training in October. Additional announcements were made regarding the Signals Editor “switcheroo” and ongoing Covid-19 safety measures. Once the briefing wrapped up, the group rigged five 303’s and systematically disembarked for a lovely morning sail. The wind was not very co-operative in the early part of the morning, however, and several sailors requested a slow tow by Charlie’s Chariot to hitch over to the other side of Manly Ferry’s line of fire. One of our newest sailors, Limor, arrived with her two helpers, Yanir and Gal, who assisted her into Eli D for a sail around Manly Cove with Rob. She took some wonderful photos from the boat; two have been included below.

Charlie’s Chariot had two drivers today, an early shift (John) and a later shift (Warwick), while Jennie skippered and Heather took photos. Yanir and Gal enjoyed a ride in Charlie during the early shift, and later, Jack and his carer, Keira, hopped on to enjoy the rest of the sunny morning. Other pairs this morning were Siobhan and Michael in Woody, Jack and Jim in Alex, Ben and John in Black Swan and John and Peter sailed away in Ralph Newman. Heather happened to catch a photo bomb of Jennie’s hand, where she appears to be pinching a tiny Ralph Newman 303 between her thumb and finger! The boats were docked, de-rigged and sanitised, per usual, and after a bit of lively socialising, the group dispersed till next time.

Limor’s photo inside Eli D



**Charlie’s Chariot
Crew**



Setting up for the Morning Sail



**Siobhan and Michael
in Woody**



**John and Peter in
Ralph Newman**



Jim and Jack in Alex



Jennie’s Photo Bomb!



**John and Ben in
Black Swan**



**Helping new sailor, Limor,
into Eli D from Pontoon**



Sailing Reports

Monday, 30 November 2020 - A Wonderful Informal Regatta Day

Has there ever been a sailing day as surprising as this one? After two days of oppressive heat and violent winds, Manly turned on the most perfect weather for our final informal regatta of the year 2020. Cloud-cover kept the temperature down and the wind was gentle (too gentle for some), 7 to 10 knots South-Easterly. Exactly the right amount of sailors for six crews signed in and a few others were on hand to assist with Charlie's Chariot duties. In addition, our fabulous design team of the two Davids arrived with the final trolley. We now have a hospitality trolley complete with drawers that slide like a dream and a lift-able table. The trolley is perfectly-sized to fit into the boat room and it's on wheels, so it can be safely rolled in and out as needed. After the trolley had been suitably examined and pronounced perfect by today's crew, we unloaded and racing-rigged the six boats for the Regatta, established teams, discussed the course and embarked, ready for the run across the ferry lane to the prescribed course.



Two Davids and a Trolley

Racing Crews for today were: Nola and Denis in Woody, Eli and John W in Dolly Wallis, Michael and Eileen in Alex, Sasha and Caroline in Ralph Newman, John P and Heather in Black Swan, and Warwick sailing solo in Eli D, as David G decided to leave us to go to work. Our Support Boat crew was: Driver – Brian, Race Officer – David W and Photographer and Observer – Corey. Everything went perfectly for the racing. We had time for three races, making it a competitive result list.

Overall results were:

- 6th --- Eli D
- 5th --- Black Swan
- 4th --- Dolly Wallis
- 2nd (two places) --- Alex and Ralph Newman
- 1st --- Woody



Sailing to the Race Course

The racing was extremely close, and the improvement in sailing and rigging skills is quite amazing since we have started informal racing on sailing days. Helen was left in her element on shore, arranging articles into the trolley to reduce the number of times we need to enter the boat room to pick up necessities; they are now all comfortably encased in the trolley drawers. Thanks so much for this, Helen! After the race, all boats were lifted out and stored away ready for our next sailing day. Apologies to Monique, who arrived too late to join the race.

The Briefing



Concentration at the Start line



Race to the Finish line



The Winners